

## PRESS RELEASE from:

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### ***FOR IMMEDIATE RELEASE, Aug. 9, 2007***

#### ***Your Child's Health & Wellness Record, by Karen Melnick RN BSN, Is A Distinguished iParenting Media Award Winner!***

Midhurst, Ontario. - *Dr. Toy's Best Products Summer 2007* was developed by noted child development authority, Stevanne Auerbach, PhD (a.k.a. Dr. Toy) as a service to consumers who desire to purchase safe, affordable, educationally-oriented, age-appropriate, and stimulating toys and products for children.

Dr Toy , Director of the Institute for Childhood Resources, founded in San Francisco in 1975, selects the best products from companies across the U.S., Canada, and around the world. Only the best are selected from hundreds and *Your Child's Health & Wellness Record*, written by author Karen Melnick, has been given this prestigious award!

Karen Melnick is an RN, BSN, photographer, and mother of three who has written *Your Child's Health & Wellness Record*. This beautiful childhood health journal has

also been given the *Exceptional Parent Award of Excellence*. It needs to be added to the ‘must-have’ list of every parent! It makes a fabulous gift for expectant, new and experienced parents alike!

As a health professional and parent, Karen knows first hand how difficult, but important, it can be to remember health and wellness details. We all think that we will remember but the reality is we don’t! Her professional and personal experiences taught her early on that...

*“Children whose parents are organized, informed,  
and comfortable advocating for them  
receive the best healthcare!”*

Is this fair? No. Is it true? You bet. Karen also knows first hand how difficult it can be to truly be in charge of your family’s health and wellness. As parents, we are not taught these skills, and they certainly don’t come naturally for most people. Parents can be certain that using a health journal such as *Your Child’s Health & Wellness Record* will make a difference in the care your baby or child receives.

*This is true for children who are developing typically,  
and is absolutely essential for preemies and  
children who have been diagnosed with any illness or condition!*

Karen’s goal in writing *Your Child’s Health & Wellness Record* was to give all parents, regardless of background, the necessary tools, support, and ‘insider information’ to achieve this.

*Your Child’s Health & Wellness Record* is a multi-disciplinary health journal in which

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parents record health and wellness details for their child. It truly is a health journal for every child! Also available is an optional *Document Organizer*, which is a customizable,

3-ring binder for organizing reports, assessments, resource materials and even report cards. They can be used separately or as a set, depending on each child's needs.

*Your Child's Health & Wellness Record* is unique because it is suitable for all children, whether they are developing typically or have complex health and developmental issues. Health professionals love *Your Child's Health & Wellness Record* because it ensures parents bring them the information needed to make accurate decisions. Parents love it because it is easy to use and gives them the confidence to be sure their child is getting the best care possible.

*Your Child's Health & Wellness Record* contains no medical advice. Rather, the focus is on learning what information is important to record and why, communicating with health professionals so your concerns are taken seriously, and advocating collaboratively for your child.

There is nothing like it on the market! It is not only practical, it is beautiful to look at and includes gorgeous black and white photographs of children. This is a health journal parents aren't embarrassed to take to health related appointment. It is a smart product for smart parents to use and can be ordered on-line at [www.healthandwellnessrecord.com](http://www.healthandwellnessrecord.com)! For more information and a complete listing of Dr. Toy's award recipients go to [www.drtoy.com](http://www.drtoy.com).

The end.

